

## Badley Church

2.5 Miles

Start opposite the sign to Badley Church on Stowmarket Road.

### BEWARE FAST TRAFFIC!

1. Take a moment to look carefully at the road, the hedge, the church sign. Pray that we are directional Christians – that through our words and actions, we can continually point people towards Jesus.

Carefully cross the road and start walking down the path.



2. About halfway to the first hedge, you will see a lone tree in the field to your right, surrounded by crops. Use this point to pray for people who feel isolated, especially during lockdown.

Continue walking.



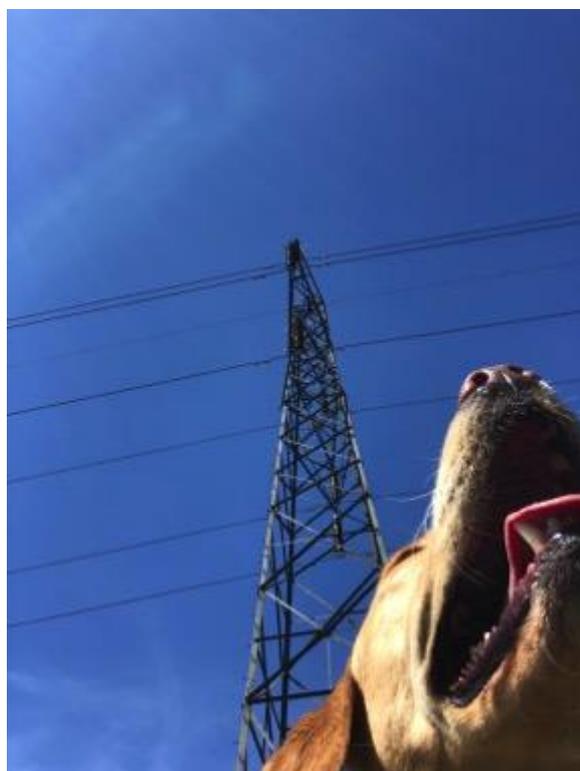
3. As you walk under the sets of pylons, stop for a minute and look around. How far can you see the lines stretching into the distance? Take some time now to pray for people who work hard to supply the things we need, both for physical survival and for mental health.

Keep walking down the track, where the hedges either side grow up, until you come to...



4. ... The pylon next to the track, on the left hand side. Follow it's shape from the bottom to it's very highest point, and spend some time thinking about all the time we look down, instead of looking up to God, for help and to thank Him. Take a while to do just this.

When you are ready, follow the track down, and to the left, until you reach...



5. The Church. Sadly, we still can't go in, but there is lots of space outside to pray for our Church. For St Johns, and for Badley. For our Diocese, and for the Church of England. For the Anglican Communion and for Christians everywhere.

Once you have finished here, turn so your back is to the Church. You will see the track leading off to the right, then on the left of that, a five bar gate. Walk towards the five bar gate, but before you get there, you will see a third track leading down along a hedge line at the edge of a field (there are footpath signs pointing down here...



6. Pause at the start of this track to reflect on your own journey. Where can you see God at work in your life? And of the lives of those you love? And the world in general? Give thanks for all He does, and ask His blessing on us as our journeys continue.

Walk down the track, and into a second field, keeping the hedge on your left. Just before you come to the end of the second field, you will see a footpath on your left. Take this, and walk across...



7. The bridge. Bridges enable us to cross, or pass things, which we would find difficult without them. At the very least, we would get soggy feet! Use this time to ask God for help.



Carry on walking along the path in a straight line. After a few minutes, on your left you will see your next stop.

8. The Van. Here we think about all those people on the periphery of our lives – those who pass by us – we may even see them on a regular basis, but we have no close relationship with them. Pray for these people, calling to mind their names, faces, and those of whom we have little to no recollection.



Continue in a straight line (although the track is less easy to see here).

9. The Horizon. Shortly after the van, the hill on your left rises, and you will see a beautiful, clear horizon line. Spend some time here thinking about the future. Specifically how we are all called to face the unknown. For you this may be the ending of lockdown and return to 'normal' life. It may be a new chapter in a relationship or at work. It may be the next phase of life. Pray for God's presence and influence in this time.



When you are ready, continue walking, past the end of a hedge and into a beautiful green field, laid to grass. Just on the left you will see...

10. The Copse. This is a lovely place to have a sit and a reflect (and a rest!). Know, that you might feel isolated, you may feel alone, but you are one of the children of God. You are part of the body of Christ, and you have millions of Christian brothers and sisters all over the world! You are part of the most exciting family there ever was, and most importantly, God, our loving Father, Creator and Redeemer is right here with you.



Feel the love.

Spend as long as you need to here. Enjoy the peace, and quiet, and spending time with God.

Amen.

When you are ready, keep walking, alongside a line of very tall poplar trees until you reach the gate to the main road. Either turn left to head up the hill (where you may have parked your car), or right, back into Needham Market.